
AMERICAN RED CROSS VOLUNTEER NEWS OF THE WEEK

To: All Volunteers
From: North Treasure Coast Chapter
Subject: Bi-Weekly What's Happening
Date: 6/23/2009

CHAPTER NEWS

VOLUNTEER JOB FAIR

June 27th ----- 10:00 AM – 1:00 PM -----Vero Beach office.



Whenever disaster strikes in St. Lucie and Indian River Counties, the North Treasure Coast Chapter of the American Red Cross stands ready to provide immediate assistance to victims of floods, fires and hurricanes and to help those who respond to disasters.

We depend on volunteers of all ages and backgrounds to carry out this work. Volunteers constitute 97 percent of our total workforce and contribute countless hours in making our Chapter one of the most effective in the region. We are always in need of additional volunteers to continue this great tradition.

Volunteers will be available to answer questions, hand out literature and explain the various activities and opportunities that one may take advantage of as a Chapter Red Cross volunteer. Interested parties are encouraged to attend and join an organization whose reputation is known throughout the world. It could be an experience that changes your life forever!

“Downtown Friday’s” Bike Nite

Friday, June 26 5:30-8:30 p.m.

14th Avenue in Historic Downtown Vero Beach

**Bring your Hog, Bring Your Appetite, and Bring your
Dancing Shoes for a Fun-Filled Family Nite in
Downtown Vero Beach!**



Duane and Sharon

**Volunteers are not needed for this one, but come out and join our bikers for a fun time.
Look for us at the First Aid Station**



Lightning Safety Awareness Week - Red Cross Offers Great Tips

Summer is a great time to enjoy the outdoors. However, it's also the peak season for thunderstorms and lightning. This week is Lightning Safety Awareness Week, a time set aside to remind people of the dangers associated with lightning.

According to the National Weather Service, each year many people are injured or lose their lives after being hit by lightning. The American Red Cross has some steps your family can take to remain safe during a lightning storm:

- Keep an eye on the sky and look for darkening skies, flashes of light, or increasing wind. Listen for the sound of thunder.
- If you can hear thunder, you are close enough to the storm to be struck by lightning. Go to safe shelter immediately.
- Listen to [NOAA](#) Weather Radio, commercial radio, or television for the latest weather forecasts.

If a storm is approaching:

- Find shelter in a building or car. Keep car windows closed and avoid convertibles.
- Unplug appliances. Avoid using the telephone or any electrical appliances. (Leaving electric lights on, however, does not increase the chances of your home being struck by lightning.)
- Avoid taking a bath or shower, or running water for any other purpose.
- Turn off the air conditioner. Power surges from lightning can result in a costly repair job!
- Draw blinds and shades over windows. If windows break due to objects blown by the wind, the shades will prevent glass from shattering into your home.

If you are caught outside during a storm:

- Take shelter under the shorter trees if you are in the woods.
- If you are boating or swimming, get to land and find shelter immediately!
- Go to a low-lying, open place away from trees, poles, or metal objects and is not subject to flooding.
- Be a very small target! Squat low to the ground. Place your hands on your knees with your head between them. Make yourself the smallest target possible. Do not lie flat on the ground--this will make you a larger target!

When the storm is over:

- Stay away from storm-damaged areas and listen to the radio for information and instructions.

If someone is struck by lightning:

- Call for help. Get someone to dial 9-1-1 or your local Emergency Medical Services (EMS) number.
- The injured person has received an electrical shock and may be burned, both where they were struck and where the electricity left their body. Check for burns in both places. Being struck by lightning can also cause nervous system damage, broken bones, and loss of hearing or eyesight.
- Give first aid. If breathing has stopped, begin rescue breathing. If the heart has stopped beating, a trained person should give Cardiopulmonary Resuscitation (CPR). If the person has a pulse and is breathing, look and care for other possible injuries.



CLASS SCHEDULE

Shelter Operations
Psychological First Aid
Mass Care
Fulfilling our Mission
Adult CPR

Port St. Lucie:

Tuesday, June 23	9:00 AM – 12:00 PM
Thursday, June 25	1:00 PM – 5:00PM
Tuesday, June 30	5:00 Pm – 8:00 PM
Monday, July 6	5:00 PM – 7:30 PM
Wednesday, July 8	5:30 PM – 9:30 PM

Fulfilling our Mission
Shelter Operations
Adult CPR
Basic First Aid
Mass Care
Adult CPR/AED

Vero Beach:

Tuesday, June 23	5:00PM – 7:30 PM
Monday, June 29	1:00 PM – 4:00 PM
Tuesday, June 30	5:30 PM – 9:30 PM
Tuesday, July 7	5:30 PM – 9:30 PM
Thursday, July 9	5:00 Pm – 8:00 PM
Tuesday, July 14	5:30 PM – 9:30 PM



SALE ITEM FOR JUNE

Eton Solar/Self Powered AM/FM Radio Weatherband Radio
Dimensions: 4.96" x 2.36" x 1.81" (W x H x D)
Weight: 7.5 oz.

Regular Price \$30.00

Sale Price \$25.00

This compact radio is a great addition to any emergency preparedness kit. It includes:

**Flashlight and a Cell Phone Charger AM, FM and NOAA weatherband – 7 channels
Tune in to the FCC and EAS public alert systems.**

Built-in 3 white LED light source flashlight, built-in cell phone charger with output jack

Earphone jack – 3.5 mm socket

Can be powered from: (1) From solar power

**(2) Turn the hand crank to power the built-in rechargeable Ni-MH
battery that takes charge from the dynamo crank**

(3) From USB port (USB cord not included)

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2506 17th Avenue
Vero Beach, FL 32960
772-562-2549**

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540 NW University Drive Suite 107
Port St. Lucie, FL 34986
772-878-7077**

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